Sent By: Mark A Krull;

541 388 0704;

Oct-23-09 9:06AM;

Page 3/3

4905) 11-4*9*3

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant:

Stearns et al.

Art Unit: 3764

Serial No:

09/932,471

Examiner: Crow

Filed:

08/17/01

Title:

EXERCISE METHODS AND APPARATUS

Certificate of Facsimile Transmission

I hereby certify that this RESPONSE is being sent via facsimile number (703) 872 9302 to the Commissioner for Patents, Attn: Art Unit 3764, on this 23rd day of October, 2003.

Mark A. Krull

CENTRAL FAX CENTER

RESPONSE

Commissioner for Patents Attn: Art Unit 3764

Dear Sir:

This Response is being submitted in reply to the Office Action dated September 23, 2003.

In the subject Action, the Examiner required Applicants to elect one of two enumerated inventions, and one of five enumerated species.

Applicants hereby elect the first enumerated invention (recited in claims 1-15 and 20-23), and the third enumerated species (shown in Figure 3). Applicants believe that elected claims 1-15 read on the elected species.

Respectfully submitted,

Mark A. Krull

Reg. No. 34,205

(541) 385-0383

Sent By: Mark A Krull;

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant:

Stearns et al.

Art Unit: 3764

Serial No:

09/932,471

Examiner: Crow

Filed:

08/17/01

Title:

EXERCISE METHODS AND APPARATUS

Certificate of Facsimile Transmission

I hereby certify that this TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION and the items identified herein (3 PAGES TOTAL) are being sent via facsimile number (703) 872-9302 to the Commissioner for Patents, Attn: Art Unit 3764, on this 23rd day of October, 2003.

Mark A. Krull

## TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION

Commissioner for Patents Attn: Art Unit 3764

Dear Sir:

A Response for the above-identified patent application is being transmitted herewith.

Please consider this a request for any necessary extension of time.

Please charge any appropriate fees to USPTO Deposit Account No. 501463. This document is being submitted in duplicate.

Respectfully submitted,

Mark A. Krull

Reg. No. 34,205

(541) 385-0383

RECEIVED CENTRAL FAX CENTER OCT 2 3 2003

OFFICIAL